



## 2019/2020 EXPRESSION OF INTEREST INFORMATION FOR PROVIDERS

### Why Be Healthy & Active?

Be Healthy & Active is a holistic health and wellbeing program designed for the Scenic Rim community to enjoy a healthier and more active lifestyle.

Research shows that 64% of Queenslanders are overweight or obese contributing to higher risk for chronic disease. The Be Healthy & Active program aims to target those at a high risk of developing chronic disease by providing a low cost entry level program suitable for all ages and abilities.

The program provides a range of local activities at community based venues and parks to reduce barriers that prevent the community from participating in regular physical activity. The Be Healthy & Active program demonstrates Scenic Rim Regional Council's commitment to fostering a healthy and active community.

### Partner with us

Council is interested in partnering with individuals and organisations who are involved in the fitness, health, sport, recreation or wellness industries. Council welcomes Expressions of Interest from providers who are passionate about delivering affordable activities that encourage Scenic Rim residents to be healthy, active and socially connected.



The following application is for those new and existing providers who aim to deliver activities in the Be Healthy and Active program within the period **1 September 2019 - 31 August 2020** (excluding school holiday periods).

Expressions of interest will be accepted from **Monday 13 May 2019** until close of business **Wednesday 29 May 2019**. Opportunities may be available for new providers to join the program throughout the year.

### Benefits of being involved

- Working with the Scenic Rim's Healthy & Active team to create a healthier community
- Promotion across broader platforms including Council's website, social media and print media
- Activity details listed in Be Healthy & Active marketing collateral distributed in the Scenic Rim
- Being part of an exciting program that has broader community benefit
- The opportunity to increase the exposure of your services and attract new clients
- Additional opportunities to connect with community events and activations

### Activities

**For activities to be eligible, they must:**

- Demonstrate need and commitment to improving health in the community with a focus on physical activity, health, well-being or social connections.
- Be affordable for participants (\$5 or less per session)

# be healthy & active



- Be delivered within the Scenic Rim region between 1 September 2019 - 31 August 2020.

## Providers

Council provides funding support to Be Healthy & Active providers to assist with the costs incurred to deliver the activity. Council is committed to ensuring activities are implemented in a sustainable manner while providing residents with access to affordable community activities. Funding assistance available to providers is outlined below:

### **Weekly and short series activities**

- \$30 flat rate per hour
- Considerations will be made for activities that activate a public space (park or hall), require travel outside of the providers usual service location or have considerable health and safety requirements of the activity type

### **One-off activities**

- Promotion only

*Providers must consider whether the offered level of support plus the indicative participant fee (\$5 or less per session) is sufficient to provide activities for the duration of the program.*

## Requirements:

- Hold current public liability insurance minimum of \$10 million dollars
- Hold appropriate qualifications, certificates and professional experience
- Sign and abide by conditions as outlined in the Be Healthy & Active Agreement
- Be based locally in the Scenic Rim region

## How to apply

1. Refer to the information above to determine whether you meet the requirements, the activity is eligible and the level of support provided is sufficient.
2. Ensure you have approval to run the activity in the proposed location or venue. You may wish to contact Council's Healthy & Active team for a list of public halls or parks.
3. Complete the Expression of Interest Application Form and attach relevant documents.
4. Send the documents to [mail@scenicrim.qld.gov.au](mailto:mail@scenicrim.qld.gov.au) by close of business **Wednesday 29 May 2019**.

The Healthy & Active team will assess all applications and determine if the activity or program meets the criteria and is suitable for inclusion. You will be notified of the outcome of your application via email. Submission of this application does not automatically warrant approval and late submissions may not be considered.

## For more information contact:

Council's Healthy & Active team

P: 07 5540 5111

E: [mail@scenicrim.qld.gov.au](mailto:mail@scenicrim.qld.gov.au)



## PLEASE COMPLETE ALL FIELDS.

Note - applications that do not include the required documentation will not be considered.

### CONTACT DETAILS

Name of business / organisation			
Contact name			
Position			
Contact number			
Email			
Website / Facebook			
ABN (if applicable)			
GST Registered?	Yes	No	

### ESSENTIAL CRITERIA (NB Applications that do not include the required documentation will not be considered)

Relevant Qualifications (list all relevant)			
Public Liability Insurance (min. \$20m)	Yes	No	
First Aid Certificate	Yes	No	NA
CPR Certificate	Yes	No	NA
Blue Card	Yes	No	NA
Confirmation of Venue Booking	Yes	No	NA

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**Note:** For activities proposed to run on a **weekly basis**, please complete **SECTION 1** below. For activities proposed to run as a **short series or on a one-off basis**, please complete **SECTION 2** (next page)

## SECTION 1: WEEKLY ACTIVITIES

### Activity 1

Please indicate in which periods the activity can be run (you may select more than one period, excludes school holidays)	1 September 2019 - 30 November 2019	1 December 2019 - 29 February 2020	
	1 March 2020 - 31 May 2020	1 June 2020 - 31 August 2020	
Activity 1 title			
Describe your activity			
Cost to participant (\$5 or less per session)		Are Bookings Required?	Yes No
Proposed day		Proposed Time	
Excluding dates (ie public holidays)			
Contact details			
Location venue & address			
Would you consider travelling to a nearby town to run this activity?		Yes	No

### Activity 2

Please indicate in which periods the activity can be run (you may select more than one period, excludes school holidays)	1 September 2019 - 30 November 2019	1 December 2019 - 29 February 2020	
	1 March 2020 - 31 May 2020	1 June 2020 - 31 August 2020	
Activity 2 title			
Describe your activity			
Cost to participant (\$5 or less per session)		Are Bookings Required?	Yes No
Proposed day		Proposed Time	
Excluding dates (ie public holidays)			
Contact details			
Location venue & address			
Would you consider travelling to a nearby town to run this activity?		Yes	No

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### SECTION 2: SHORT SERIES OR ONE-OFF ACTIVITIES

#### Activity 1

Please indicate in which periods the activity can be run (you may select more than one period, excludes school holidays)	1 September 2019 - 30 November 2019	1 December 2019 - 29 February 2020
	1 March 2020 - 31 May 2020	1 June 2020 - 31 August 2020
Activity 1 title		
Describe your activity		
Cost to participant (If over \$5 please explain below in 'Other considerations')	<b>Are Bookings Required?</b> <div>Yes</div> <div>No</div>	
Proposed dates		
Proposed time		
Contact details		
Location venue & address		
Would you consider travelling to a nearby town to run this activity?	<div>Yes</div> <div>No</div>	
Other considerations		

#### Activity 2

Please indicate in which periods the activity can be run (you may select more than one period, excludes school holidays)	1 September 2019 - 30 November 2019	1 December 2019 - 29 February 2020
	1 March 2020 - 31 May 2020	1 June 2020 - 31 August 2020
Activity 2 title		
Describe your activity		
Cost to participant (If over \$5 please explain below in 'Other considerations')	<b>Are Bookings Required?</b> <div>Yes</div> <div>No</div>	
Proposed dates		
Proposed time		
Contact details		
Location venue & address		
Would you consider travelling to a nearby town to run this activity?	<div>Yes</div> <div>No</div>	
Other considerations		

By typing my name or placing my signature in the field below, I acknowledge that I have read and agree with the terms outlined in the 'Be Healthy and Active 2019/2020 Expression of Interest Information Sheet'

Signature:

Date:

Please ensure application form and any supporting documents are sent to [mail@scenicrim.qld.gov.au](mailto:mail@scenicrim.qld.gov.au)