

0-5 Activity Sheet



Playdough Nests

Making and playing with playdough has so many benefits.

For little ones including developing skills in fine motor, creativity, literacy and numeracy. This is a different take on playing with playdough by creating nests with some items from outside. As you make your nests you can help your child's language development by narrating what they are doing eg. I can see your adding feathers and sticks to your nest and allowing them to respond.

What you need:

Cinnamon Play Dough

- 2 cups of all-purpose flour.
- 1 cup of salt.
- 4tsp cream of tartar
- 2 tbsp of cinnamon or cocoa if you don't have cinnamon.
- 1 1/2 cups of boiling water.
- 2 tbsp of olive oil

Garden Items- Leaves, sticks, feathers, flowers or other small items that might go in a nest

How to:

1. Begin by mixing all of the playdough dry ingredients together.
2. Drizzle in the olive oil and mix together.
3. Gradually add the **cooled**, boiled water, kneading the dough each time until you are happy with the consistency not too sticky, not too dry! If you do have a child helping, you really need to make sure that the water has cooled enough first.
4. Store in an airtight container when not in use – it should last approximately 3-4 weeks
5. To make the nests have all your collected garden items sorted (a muffin tin can help with this)
6. Make your nest shape out of the playdough and decorate or fill with your garden items.

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