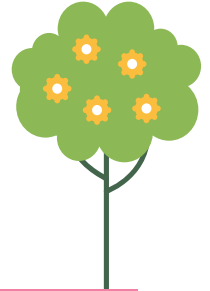




Be

# HEALTHY and ACTIVE



TERM 3 **CENTRAL** SCENIC RIM TIME TABLE  
(BEAUDESERT AND SURROUNDS)

**SEPT  
2024**

<p><b>Monday</b></p> <p><b>FUN, FRIENDS &amp; FITNESS</b></p> <p>🕒 9.00am to 10.30am</p> <p>📍 Kooralbyn Community Hall</p> <p>☎ Beacare 5541 4216</p> <p><b>Cost:</b> \$6.00</p>	<p><b>Monday</b></p> <p><b>YOGA FOR BEGINNERS</b></p> <p>🕒 9.30am—10.30am</p> <p>📍 Beaudesert Community Arts and Information Centre</p> <p>☎ Claire 0417187172</p> <p><b>Cost:</b> \$10.00</p>	<p><b>Monday</b></p> <p><b>ADULT BEGINNER BALLET AND TAP CLASSES</b></p> <p>Unleash your inner Ballerina or Tap Dancer!</p> <p>🕒 10.00am—11.00am and 7.00pm—8.00pm</p> <p>📍 Girl Guides Hall Beaudesert</p> <p>☎ BeauDance Academy 0400 292 017 or on Facebook</p> <p><b>Cost:</b> \$3.00</p>	<p><b>Monday</b></p> <p><b>MOSAICS — ART AND CRAFT</b></p> <p>🕒 1.30pm—3.30pm</p> <p>📍 Beaudesert Community Arts and Information Centre</p> <p>☎ Tina Jones 0418 780 861</p> <p><b>Cost:</b> \$3.00</p>	
<p><b>Tuesday</b></p> <p><b>LINE DANCING AND DANCE STEPS FOR SENIORS</b></p> <p>🕒 12.45pm—3.00pm</p> <p>📍 The Centre, Beaudesert</p> <p>☎ Marg 0422 415 145</p> <p><b>Cost:</b> \$3.00</p>	<p><b>Wednesday</b></p> <p><b>MOVEMENT TO MUSIC</b></p> <p>🕒 10.00am—12.00pm</p> <p>📍 Baptist Church Hall, 13 Eaglesfield St, Beaudesert</p> <p>☎ Rachelle 5600 0730</p> <p><b>Cost:</b> \$10.00</p>	<p><b>Wednesday</b></p> <p><b>CARDIO TENNIS</b></p> <p>🕒 6.30pm—7.30pm</p> <p>📍 Beaudesert Tennis Club</p> <p>☎ beaudeserttennis assoc@outlook.com</p> <p><b>Cost:</b> \$10.00</p>	<p><b>Thursday</b></p> <p><b>FUN, FRIENDS AND FITNESS</b></p> <p><b>Over 50's</b></p> <p>🕒 9.00am—10.30am</p> <p>📍 Kooralbyn Community Hall</p> <p>☎ Beacare 5541 4216</p> <p><b>Cost:</b> \$6.00</p>	<p><b>Thursday</b></p> <p><b>EVERYONE CAN DANCE</b></p> <p>🕒 9.00am—11.00am</p> <p>📍 Tamrookum Memorial Hall</p> <p>☎ Lorraine 0488 785 325 or tamrookumhall@gmail.com</p> <p><b>Cost:</b> \$5.00</p>
<p><b>Thursday</b></p> <p><b>SOCIAL TABLE TENNIS</b></p> <p>🕒 6.30pm—8.30pm</p> <p>📍 Beaudesert Tennis Club</p> <p>☎ beaudeserttennis assoc@outlook.com</p> <p><b>Cost:</b> \$5.00</p>	<p><b>Thursday</b></p> <p><b>ADULT BACK TO BALLET</b></p> <p>🕒 7.00pm—8.00pm</p> <p>📍 Girl Guides Hall Beaudesert</p> <p>☎ BeauDance Academy 0400 292 017 or on Facebook</p> <p><b>Cost:</b> \$5.00</p>	<p><b>Friday</b></p> <p><b>TRIYOGA</b></p> <p>🕒 9.00am—11.00am</p> <p>📍 Beaudesert Community Arts and Information Centre</p> <p>☎ Judi Steinke 0400 065 202</p> <p><b>Cost:</b> \$7.00</p>	<p><b>Friday</b></p> <p><b>LINE DANCING AT RATHDOWNEY</b></p> <p>🕒 Friday's 9 August to 13 September 5.30pm—7.00pm</p> <p>📍 Rathdowney Hall</p> <p>☎ Jo 0400 241 357 or Carol 0457 474 888</p> <p><b>Cost:</b> \$7.00</p>	<p><b>Saturday</b></p> <p><b>JEUNE PARK RUN</b></p> <p>🕒 7.00am</p> <p>📍 Jeune Park, Tom Enright Drive, Beaudesert</p> <p>☎ jeunepark@parkrun.com</p> <p><b>Cost:</b> Free</p>