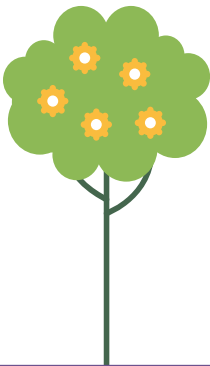




Be  
HEALTHY  
and ACTIVE



TERM 3 **CENTRAL** SCENIC RIM TIMETABLE  
(BEAUDESERT AND SURROUNDS)

MONDAY	FREE MONDAY	MONDAY	TUESDAY	FREE TUESDAY
<b>FUN FRIENDS &amp; FITNESS</b> ● 9.00am—10.30am 📍 Kooralbyn Community Hall (\$6) 📞 Beacare 07 5541 4216	<b>YOGA FOR BEGINNERS WITH JUDI</b> ● 9.30am—11.00am 📍 Beaudesert Community Arts and Information Centre Beaudesert 📞 Judi 0400 065 202	<b>ADULT BALLET AND TAP CLASSES</b> ● 10.00am—11.00am 📍 Girl Guides Hall Beaudesert (\$5) 📞 Hilaire 0400 292 017	<b>LINE DANCING BEAUDESERT</b> ● 12.15pm—2.45pm 📍 U3A, The Centre Beaudesert (\$3) 📞 0407 171 813	<b>JARJUM'S LEARN TO SWIM FIRST NATIONS*</b> (0-5yrs parents + Carers) ● 9.00am—11.00am 📍 Beaudesert Pool 📞 Robbie 07 5541 2575 (B)
FREE TUESDAY	TUESDAY	TUESDAY	WEDNESDAY	WEDNESDAY
<b>TRIYOGA WITH JUDI RATHDOWNEY</b> August 5 - September 9 ● 9.30am—11.00am 📍 Rathdowney Hall 📞 Judi 0400 065 202	<b>HIGHSCHOOLERS SOCIAL TAP DANCE</b> ● 5.15pm—6.00pm 📍 Girl Guides Hall Beaudesert (\$2) 📞 Hilarie 0400 292 017	<b>ADULTS BACK TO BALLET</b> ● 7.00pm—8.00pm 📍 Girl Guides Hall Beaudesert (\$5) 📞 Hilaire 0400 292 017	<b>ALIGNED WITH YOGA</b> ● 9.30am—10.30am 📍 Tamrookum Hall (\$10) 📞 Celia 0407 165 999	<b>MOVE TO MUSIC</b> ● 10.00am— 11.00am 📍 CWA Hall 1 Selwyn Street West, Beaudesert (\$10) 📞 Kamini 0447 495 970
WEDNESDAY	THURSDAY	FREE THURSDAY	THURSDAY	FREE THURSDAY
<b>CARDIO TENNIS</b> ● 6.30pm—7.15pm 📍 Beaudesert Tennis Club (\$10) 📞 0402 804 460	<b>FUN FRIENDS &amp; FITNESS</b> ● 9.00am—10.30am 📍 Kooralbyn Community Hall (\$6) 📞 Beacare 07 5541 4216	<b>INTRODUCTION TO LAWN BOWLS</b> Under 18's ● 3.30pm—4.30pm 📍 Beaudesert Bowls Club) 📞 Marg 0412 366 455 (B)	<b>DANCE WITH ME MUMS AND LITTLE ONES</b> ● 9.00am—9.45am 📍 Girl Guides Hall Beaudesert (\$2) 📞 Hilarie 0400 292 017	<b>EVERYONE CAN DANCE</b> <b>Beginner</b> 8.30am—10.30am <b>Adanced</b> 9.30am—11.30am 📍 Tamrookum Hall 📞 Lani 0488 785 325
FREE THURSDAY	FREE THURSDAY	THURSDAY	FREE THURSDAY	FREE THURSDAY
<b>WOMEN AND GIRLS GET BOWLING</b> ● 1.30pm—2.30pm 📍 Beaudesert Bowls Club 📞 Margaret 0412 366 455 (B) Light refreshments	<b>YOGA FOR ALL SIZES</b> ● 5.00pm—6.00pm 📍 Kooralbyn Community Hall 📞 Ruth 0451 693 863 (B)	<b>SOCIAL TABLE TENNIS</b> ● 6.30pm—8.30pm 📍 Beaudesert Tennis Club (\$5) 📞 0402 804 460	<b>MUNUNJALI FIRST NATION'S WOMEN'S GROUP</b> ● 9.00am—3.00pm (Fortnightly) 📍 Mununjali Hall 📞 Robbie 07 5541 2575 (B) Suitable for First Nation's Women	<b>JARJUM'S LEARN TO SWIM FIRST NATIONS*</b> ● 9.00am—11.00am 📍 Beaudesert Pool 📞 Robbie 07 5541 2575 (B)
FREE FRIDAY	FRIDAY	FREE SATURDAY	FREE SATURDAY	FREE SATURDAY
<b>TRIYOGA WITH JUDI</b> ● 9.00am—11.00am 📍 Beaudesert Community Arts and Information Centre 📞 Judi 0400 065 202	<b>LINE DANCING</b> 15 August - 19 September ● 5.30pm—7.00pm 📍 Rathdowney Hall (\$7) 📞 Carol 0457 474 888	<b>JEUNE PARK PARKRUN BEAUDESERT</b> ● 7.00am 📍 Jeune Park, Tom Enright Drive, Beaudesert 📞 jeunepark@parkrun.com	<b>YOGA FOR ALL SIZES</b> ● 8.00am—9.00am 📍 Kooralbyn Community Hall 📞 Ruth 0451 693 863 (B)	<b>INTRODUCTION TO LAWN BOWLS</b> ● 9.00am—10.00am 📍 Beaudesert Bowls Club 📞 Marg 0412 366 455 (B)

(B) Booking required 🧑 EMPOWHER event \* First Nations activity