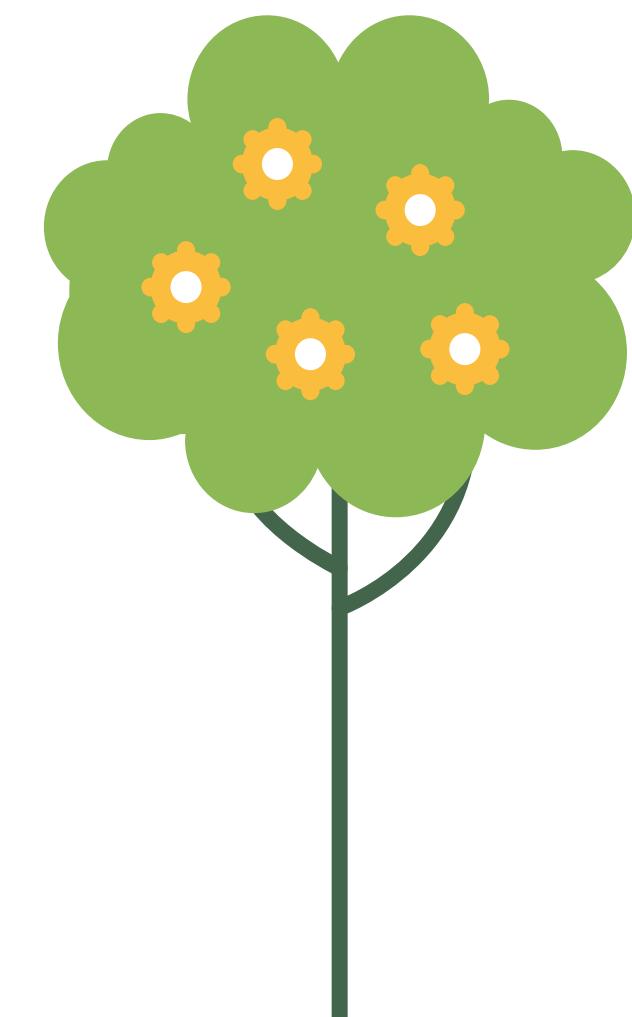
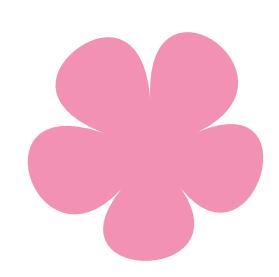


TUESDAY 27 JANUARY TO
THURSDAY 2 APRIL 2026



Be HEALTHY and ACTIVE



TERM 1 **CENTRAL** SCENIC RIM TIMETABLE (BEAUDESERT AND SURROUNDS)

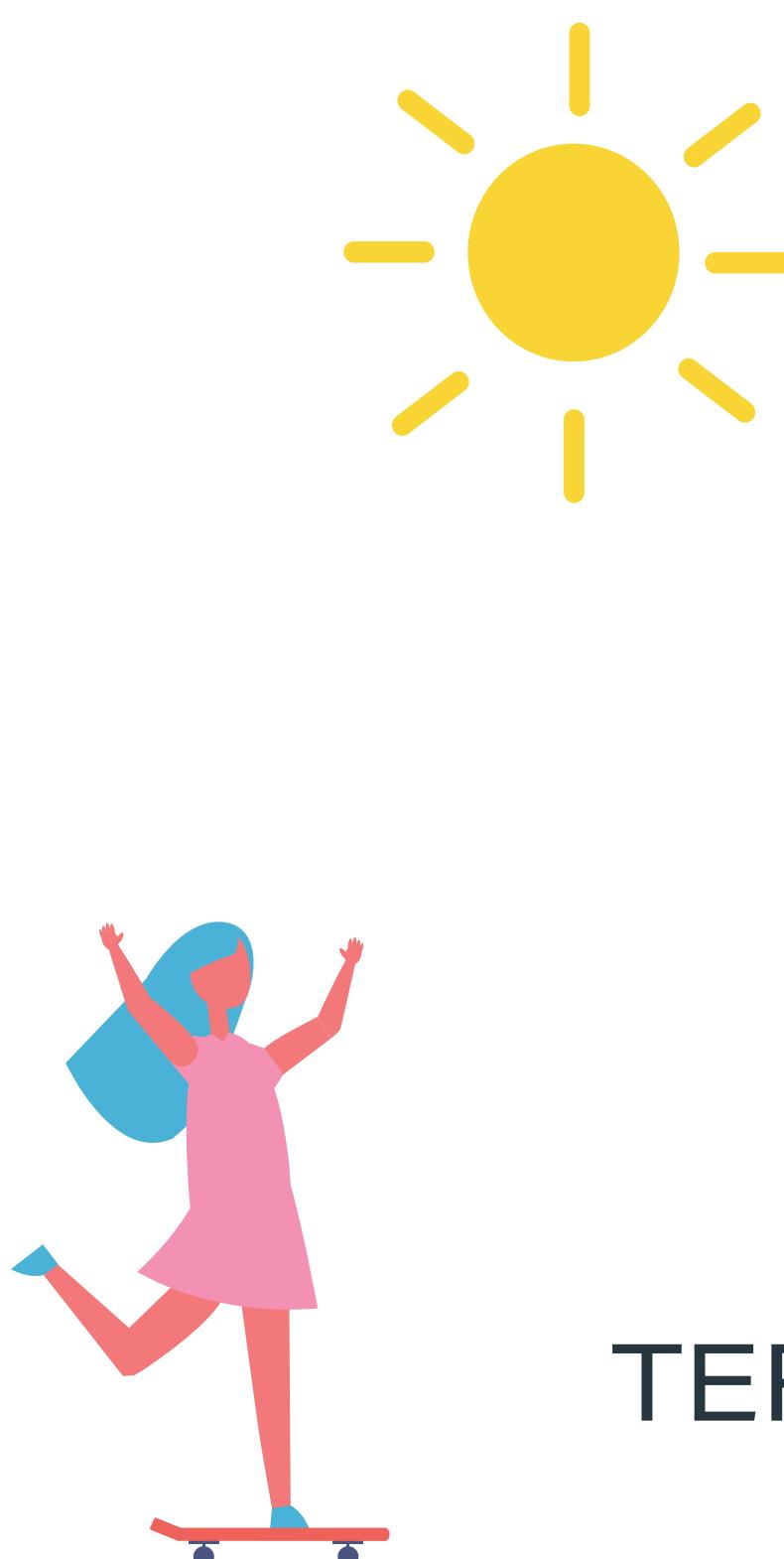
MONDAY	FREE MONDAY	MONDAY	FREE TUESDAY	TUESDAY
FUN, FRIENDS & FITNESS 9.00am—10.30am Kooralbyn Community Centre (\$6) Dianne 5541 4216	TRIYOGA WITH JUDI (BEGINNER) 8.00am—9.30am 9.30am—11.00am Beaudesert Community Arts and Information Centre Judi 0400 065 202	ADULT BALLET AND TAP CLASSES 10.00am—11.00am Girl Guides Hall Beaudesert (\$5) Hilaire 0400 292 017	TRIYOGA WITH JUDI 9.30am—11.00am Rathdowney Hall Judi 0400 065 202	LINE DANCING BEAUDESERT 12.15pm—2.45pm The Centre Beaudesert (\$3) U3A 0418 192 999
FREE TUESDAY	TUESDAY	WEDNESDAY	WEDNESDAY	WEDNESDAY
CREATIVE QUEENS Empowering girls 12—16 3 Feb to 31 March After school until 4.30pm BeauCare: 44 Tina Street, Beaudesert Call to register on (07) 5541 4216	ADULTS BACK TO BALLET 6.00pm—7.00pm Girl Guides Hall Beaudesert (\$5) Hilaire 0400 292 017	MOVEMENT WITH MUSIC 9.00am—10.00am CWA Hall 1 Selwyn Street West, Beaudesert (\$10) Kamini 0447 495 970	ALIGNED WITH YOGA 9.00am—11.00am Tamrookum Hall (\$10) Celia Price 0407 165 999 celiaprc9@gmail.com	CARDIO TENNIS 6.30pm—7.15pm Beaudesert Tennis Club (\$10) Darren 0402 804 460
FREE THURSDAY	THURSDAY	FREE THURSDAY	FREE THURSDAY	THURSDAY
TAMROOKUM MEMORIAL HALL - EVERYONE CAN DANCE 8.30am—11.30am Tamrookum Hall (\$2) Lani Deeran 0488 785 325	FUN, FRIENDS & FITNESS 9.00am—10.30am Kooralbyn Community Centre (\$6) Dianne 5541 4216	INTRODUCTION TO LAWN BOWLS Under 18s 3.30pm—4.30pm Beaudesert Bowls Club Marg 0412 366 455 (B)	YOGA FOR ALL SIZES 5.00pm to 6.00pm Kooralbyn Community Hall Ruth 0451 693 863 (B)	SOCIAL TABLE TENNIS 6.30pm—8.30pm Beaudesert Tennis Club (\$5) 0402 804 460
FREE FRIDAY	FREE SATURDAY		FREE SATURDAY	SUNDAY
TRIYOGA WITH JUDI 9.00am—11.00am Beaudesert Community Arts and Information Centre Judi 0400 065 202	YOGA FOR ALL SIZES 8.00am—9.00am Kooralbyn Community Hall Ruth 0451 693 863 (B)		Jeune Park Parkrun Beaudesert 7.00am Jeune Park, Tom Enright Drive, Beaudesert jeunepark@parkrun.com	AQUA FITNESS RATHDOWNEY 4.30pm—5.30pm Rathdowney State School Pool (\$7) Carol 0457 474 888

(B) Booking required * First Nations activity

For the most up to date timetable visit the website below.



TUESDAY 27 JANUARY TO
THURSDAY 2 APRIL 2026



Be HEALTHY and ACTIVE

TERM 1 **WESTERN** SCENIC RIM TIMETABLE (BOONAH AND SURROUNDS)



MONDAY
TAI CHI BOONAH ⌚ 4.00pm–5.00pm 📍 Fassifern Community Centre (\$5) 📞 Cathy 0409 648 935



TUESDAY
COMMUNITY YOGA ⌚ 7.00am–8.00am 📍 Boonah Show Grounds Agriculture Pavilion (\$10) 📞 Laura 0435 111 180

TUESDAY
SCENIC RIM COMMUNITY ART CLASS ⌚ 6.30pm–8.30pm 📍 Mt Alford Hall (\$10) 📞 Nick 0403 908 237 (B)



FREE WEDNESDAY

WEDNESDAY
GUIDED MINDFULNESS MEDITATION ⌚ 9.00am–10.00am 📍 Kalbar School of Arts 📞 Trish 0487 835 958 (B)



FRIDAY
PILATES MAT CLASS MOUNT ALFORD ⌚ 10.00am–11.00am 📍 Mount Alford Hall (\$8) 📞 Sonya 0421 337 117

(B) Booking required



WHAT'S ON SCENIC RIM

There's always something to see and do in the Scenic Rim.

WHAT'S On
SCENIC RIM



CUPPA IN THE COMMUNI-TEA

Join us for a cuppa and a chat at a location near you.



WHAT'S ON AT THE LIBRARY!

More than books, libraries are hubs of community connection with activities for all ages.

SCENIC RIM LIBRARIES



For the most up to date timetable visit the website below.

www.scenicrim.qld.gov.au/healthy-active-4

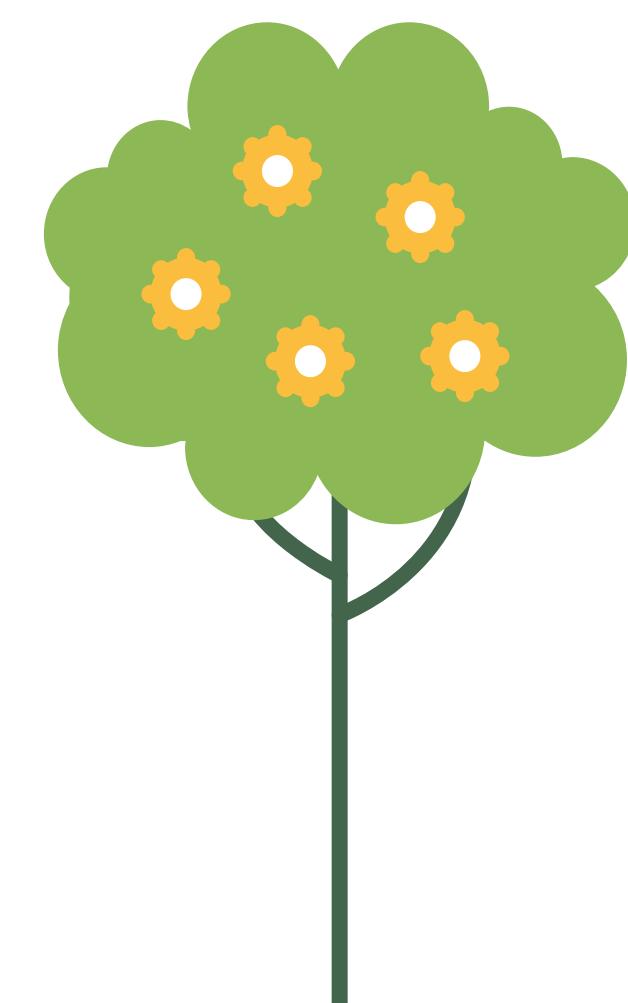
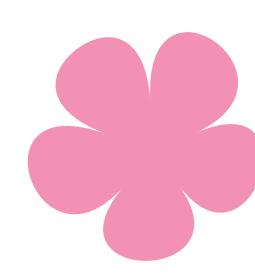


SCENIC RIM
REGIONAL COUNCIL

TUESDAY 27 JANUARY TO
THURSDAY 2 APRIL 2026



Be HEALTHY and ACTIVE



TERM 1 EASTERN SCENIC RIM TIMETABLE (TAMBORINE MOUNTAIN AND SURROUNDS)

MONDAY	MONDAY	MONDAY	TUESDAY	FREE TUESDAY
ZUMBA TAMBORINE MEMORIAL HALL ⌚ 7.30am–8.30am 📍 Tamborine Village Hall (\$8) 📞 Annie 0434 593 676	TAI CHI AND QIGONG ⌚ 8.30am–9.30am 📍 Tamborine Mountain Botanic Gardens (\$5) 📞 Jo 0458 483 969	CARDIO TENNIS BEECHMONT ⌚ 5.00pm–6.00pm 📍 Beechmont Tennis Club (\$10) 📍 Brett 0409 490 590	MT FITNESS – MATURE FIT 60+ ⌚ 9.10am–10.10am 📍 16 Beacon Rd, Tamborine Mountain (\$8) 📞 Mikaela 0417 608 700	FIT HIT WITH TENNIS ⌚ 6.30pm–7.30pm 📍 Tamborine Mountain Tennis Club 📞 Henry 0477 775 671
FREE WEDNESDAY	WEDNESDAY	THURSDAY	FREE THURSDAY	THURSDAY
MEDITATION AND MINDFULNESS CANUNGRA ⌚ 8.45am–10.45am 📍 Moriarty Park Hall 📞 Frances 0412 303 841	MT FITNESS – MATURE FIT 60+ ⌚ 9.10am–10.10am 📍 16 Beacon Rd, Tamborine Mountain (\$8) 📞 Mikaela 0417 608 700	MT FITNESS – MATURE FIT 60+ ⌚ 8.00am–9.00am 📍 16 Beacon Road, Tamborine Mountain (\$8) 📞 Mikaela 0417 608 700 (B)	MEDITATION AND MINDFULNESS TAMBORINE MOUNTAIN ⌚ 8.30am–10.30am 📍 Bridge Club on Tamborine Mountain 📞 Frances 0412 303 841	ZUMBA TAMBORINE MOUNTAIN ⌚ 6.15pm–7.15pm 📍 Zamia Theatre (\$8) 📞 Annie 0434 593 676

(B) Booking required

IT ONLY TAKES FIVE MINUTES TO
**PROTECT YOUR
FAMILY AND PETS**

Pets don't know what to do when disaster strikes. As their carer, it is important that you plan ahead and know how to help them when disaster strikes.

Council's Disaster Dashboard has all of the information you need to know before, during and after a disaster.

If your family's safety is important to you, **take five minutes now** to scan the QR code and sign up to receive potentially lifesaving information.



disasterdashboard.scenicrim.qld.gov.au |



For the most up to date timetable visit the website below.

www.scenicrim.qld.gov.au/healthy-active-4

